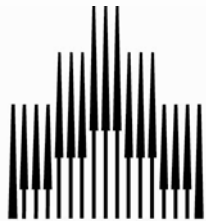


Supporting future generations to help make our planet a cleaner, safer and healthier place to live is important to us.

Please join Harvard Property Management in promoting environmental stewardship by participating in Earth Day on Friday, April 22nd.

Enclosed are a few energy savings tips to help get you started!



HARVARD
Developments Inc.

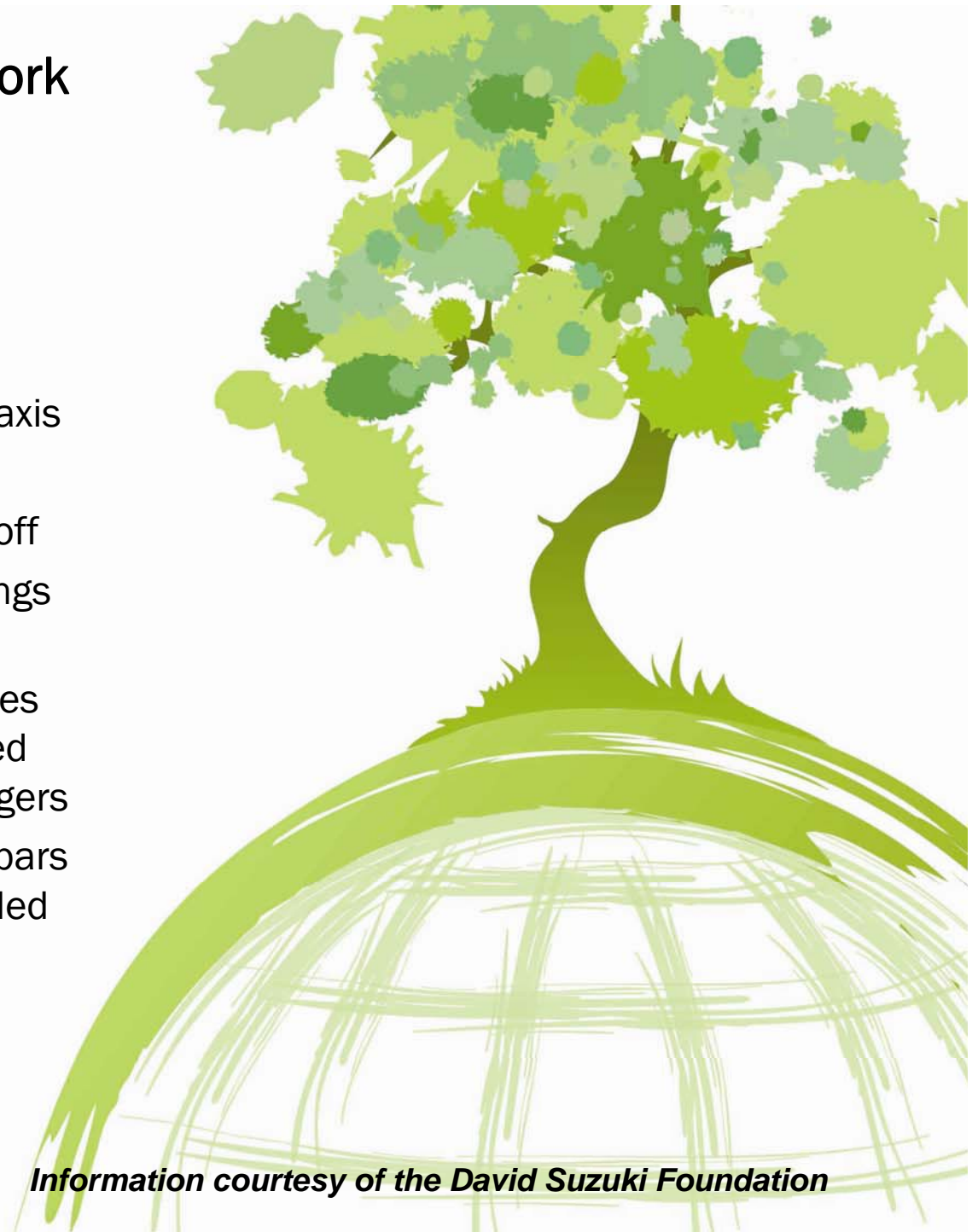
— A HILL COMPANY —

"And its downtown Building Partners"



Five Ways to Go Green at Work

- **Commute smarter**
 - Walk or cycle to work
 - Take public transportation
 - Carpool or car share
 - Choose hybrid rentals and taxis
- **Save energy**
 - If you're not using it, turn it off
 - Enable energy savings settings on all equipment
 - Unplug anything that still uses energy, even when it's turned off, such as cell phone chargers
 - Plug equipment into power bars and turn them off until needed



Information courtesy of the David Suzuki Foundation

Five Ways to Go Green at Work

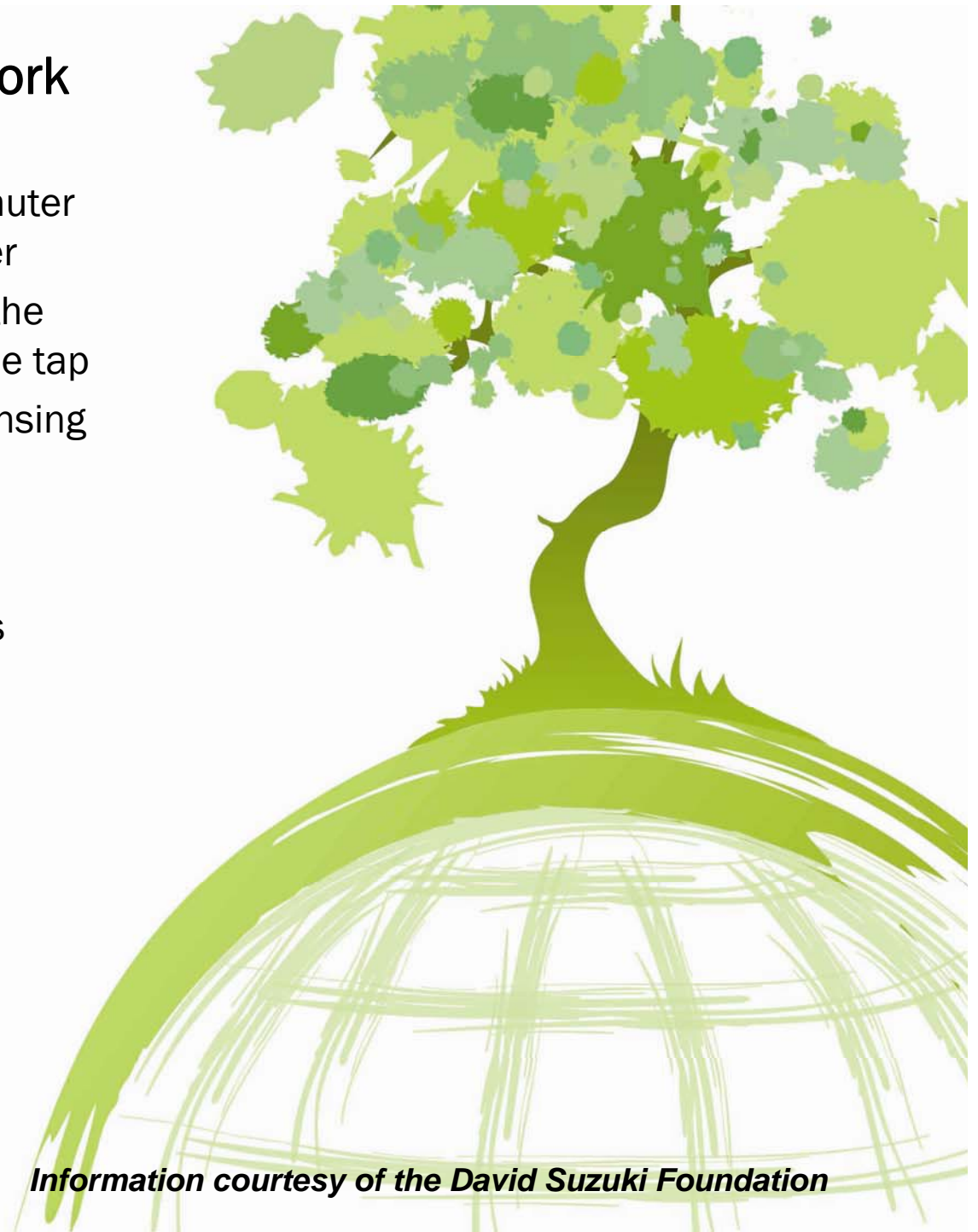
- **Healthy product selection**
 - Choose foods that are local, organic and sustainable for meetings, lunches and catered events
 - Add plants to your workspace – they filter the air
 - When possible, take the stairs instead of the elevator
- **Waste less**
 - Set 'double sided' as the default setting on your printer
 - Go electronic instead of using hard copies: phone and email, use power point presentations, get e-subscriptions and use web resources



Information courtesy of the David Suzuki Foundation

Five Ways to Go Green at Work

- **Conserve Water**
 - Use a stainless steel commuter cup instead of bottled water
 - Keep a pitcher of water in the fridge instead of running the tap
 - Scrape dishes instead of rinsing before putting them in the dishwasher
 - Don't pour water down the drain, use it to water plants



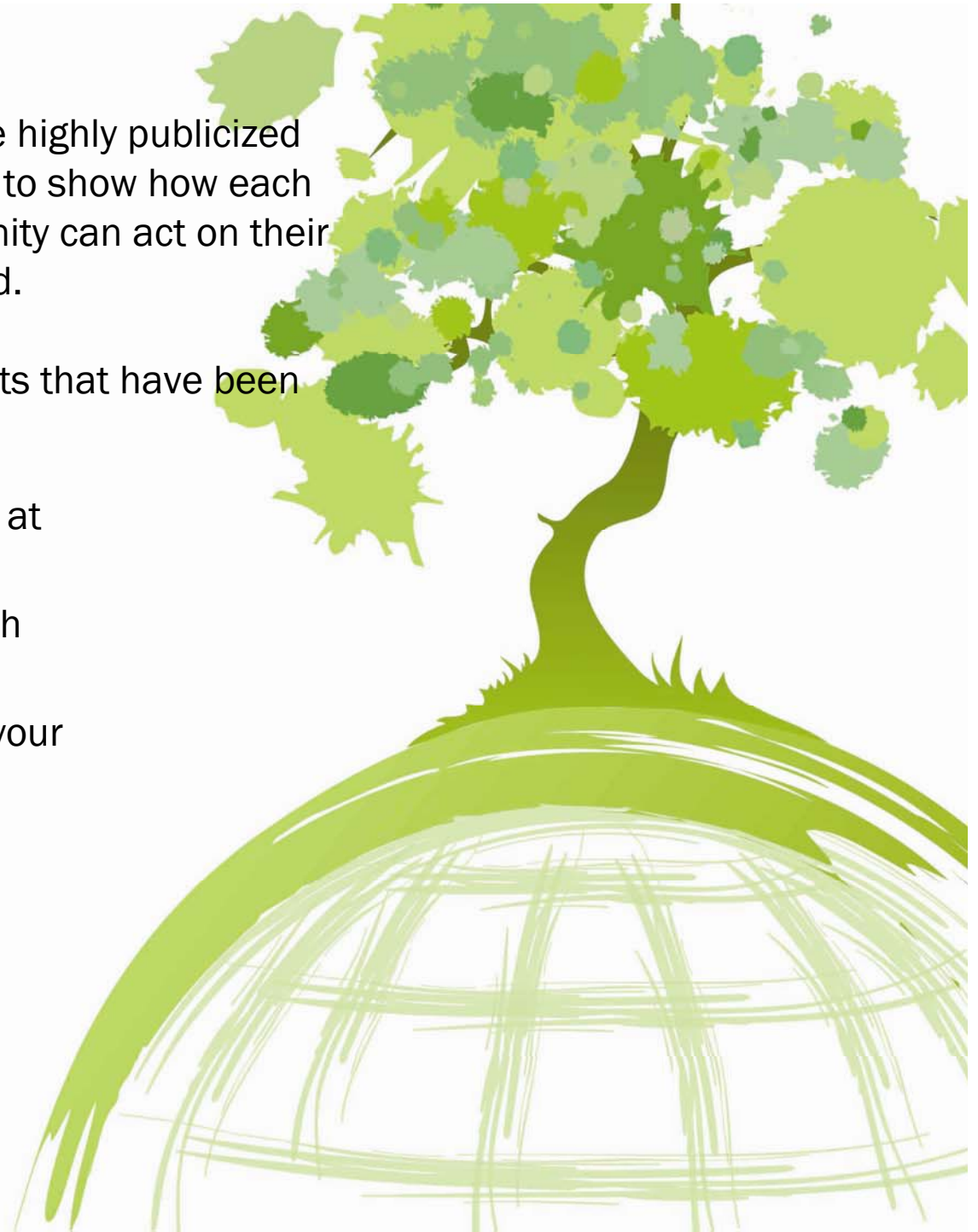
Information courtesy of the David Suzuki Foundation

One Million Acts of Green...

In October 2008, Cisco launched the highly publicized **One Million Acts of Green Campaign** to show how each individual, organization and community can act on their own, but contribute to a greater good.

Here are a few examples of small acts that have been making a big impact:

- Use non toxic cleaning products at home
- Replace plastic grocery bags with reusable grocery bags
- Turn off the tap when brushing your teeth
- Donate clothes and other used goods
- Use rain barrels
- Re-use and make your own wrapping paper
- Begin composting

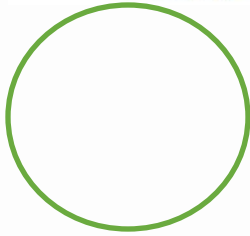
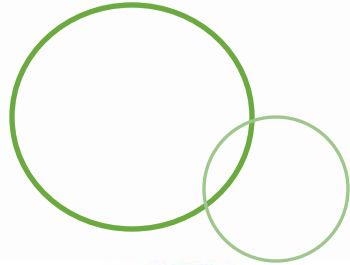


One Million Acts of Green...

- Remove window air conditioners in the winter
- Seal and insulate air ducts
- Install motion detectors and timers on outdoor lights
- Recycle old cell phones and electronics
- Plant a tree
- Eat a vegetarian meal this week

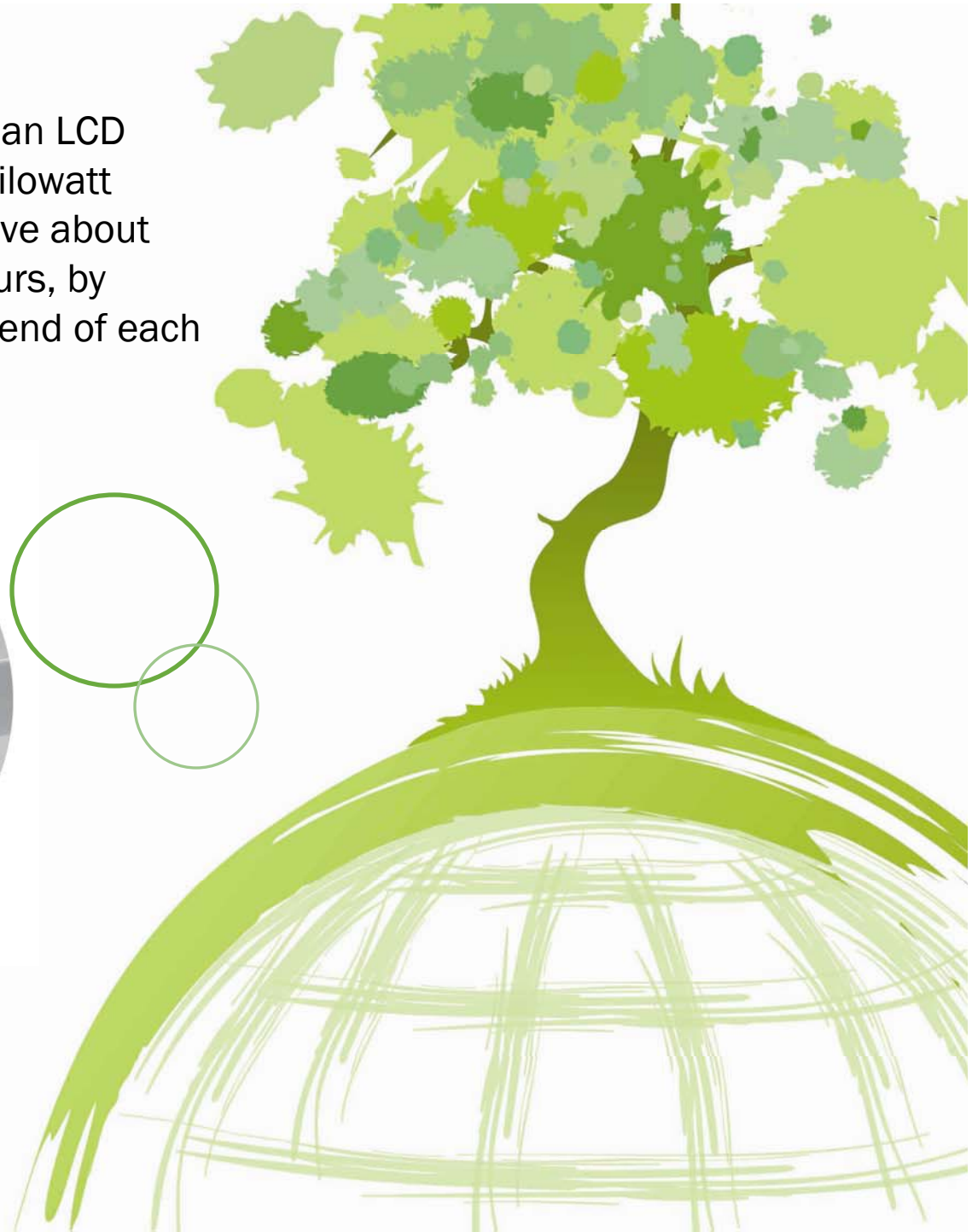


Interesting Facts...



Did you know?

The average desktop computer with an LCD monitor uses approximately 1,100 kilowatt hours of energy per year. You can save about 65% of this, around 700 kilowatt hours, by shutting down your computer at the end of each work day.



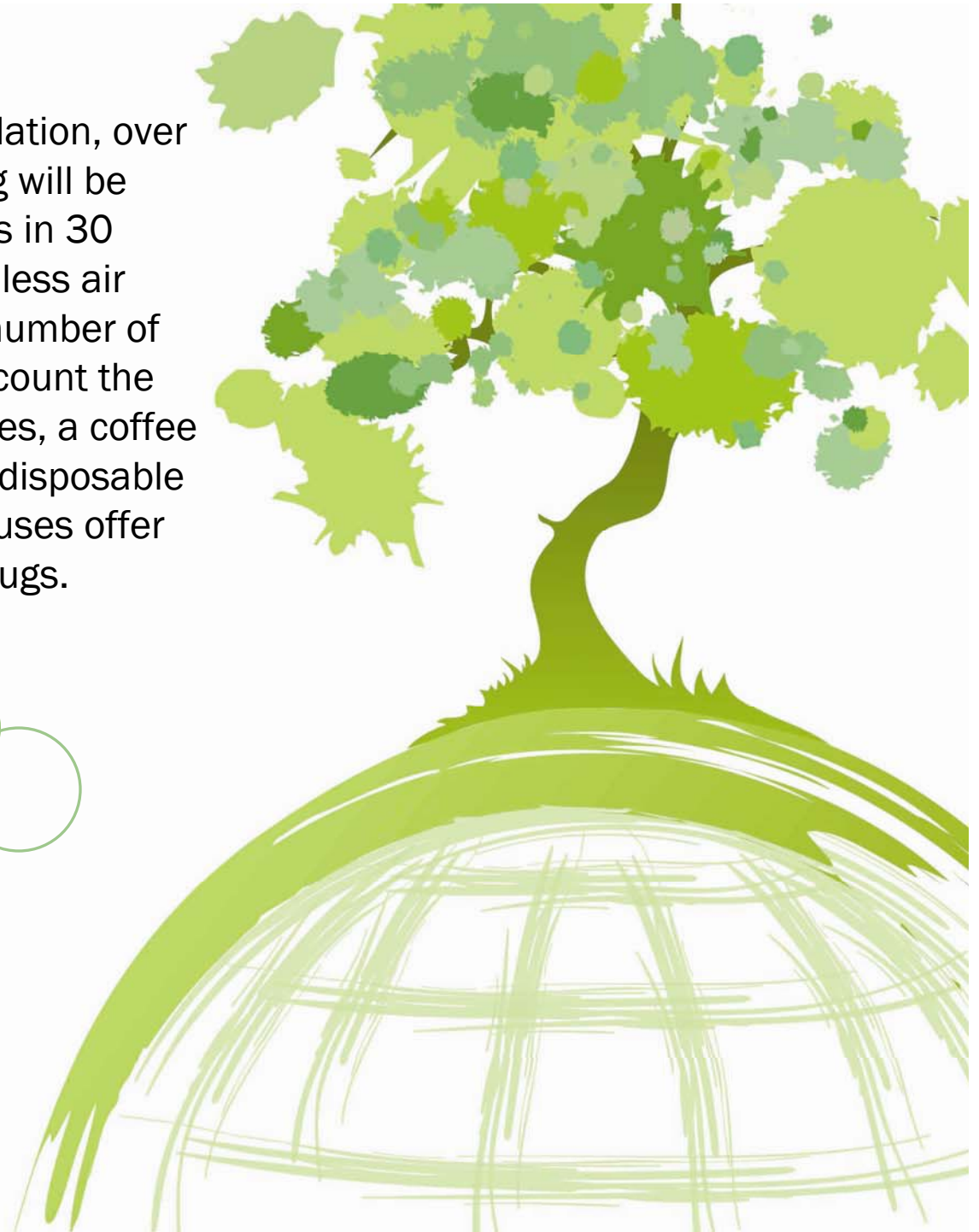
Did you know?

A conventional showerhead uses 15-19 litres of water per minute, while a low-flow showerhead uses only 8-9 litres. By installing a low flow showerhead the average family will save up to \$200.00 a year in water heating costs and will reduce their annual greenhouse gas emissions by 300 kilograms.



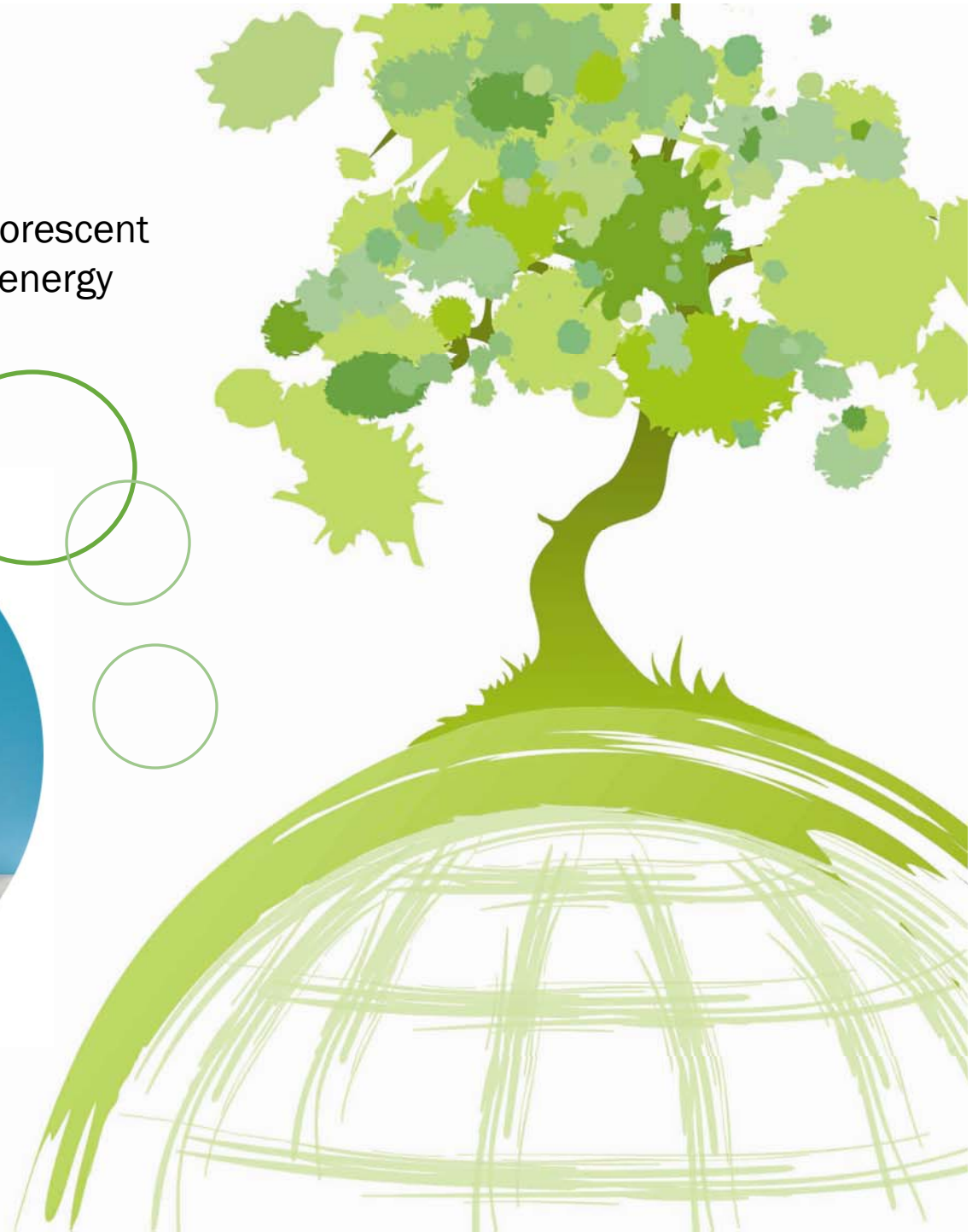
Did you know?

According to the David Suzuki Foundation, over its life span, a reusable ceramic mug will be used nearly 3,000 times. This results in 30 times less solid waste and 60 times less air pollution than using the equivalent number of cardboard cups. Even taking into account the water needed to wash it between uses, a coffee mug is far more eco-efficient than a disposable cup. What's more, several coffee houses offer discounts to people with reusable mugs.



Did you know?

By replacing the bulb of a traditional incandescent desk lamp with an environmentally friendly compact fluorescent light you will reduce the appliance's energy consumption by 75%.



Did you know?

Turning down your thermostat by one degree will reduce your CO₂ emissions by approximately 100 kilograms per year and will reduce your heating bill by about 3% each month.



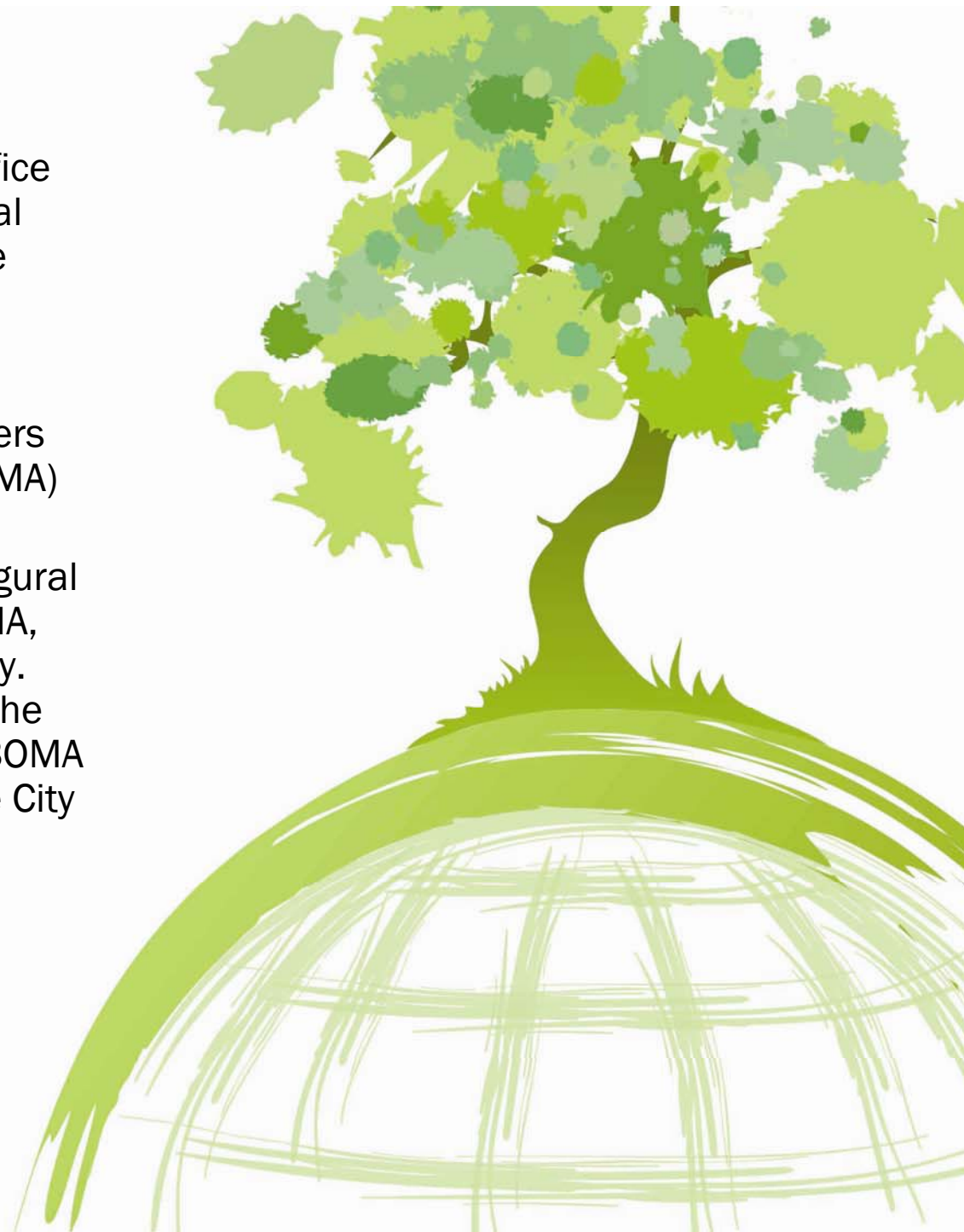
Thinking Green...

Today, Harvard Property Management is dedicated to its environmental stewardship policies and the implementation of its sustainability programs, having already made a positive impact on the environment by eliminating approximately 2,100 tonnes of CO₂ emissions annually, totaling approximately 7,500 tonnes to date and counting.



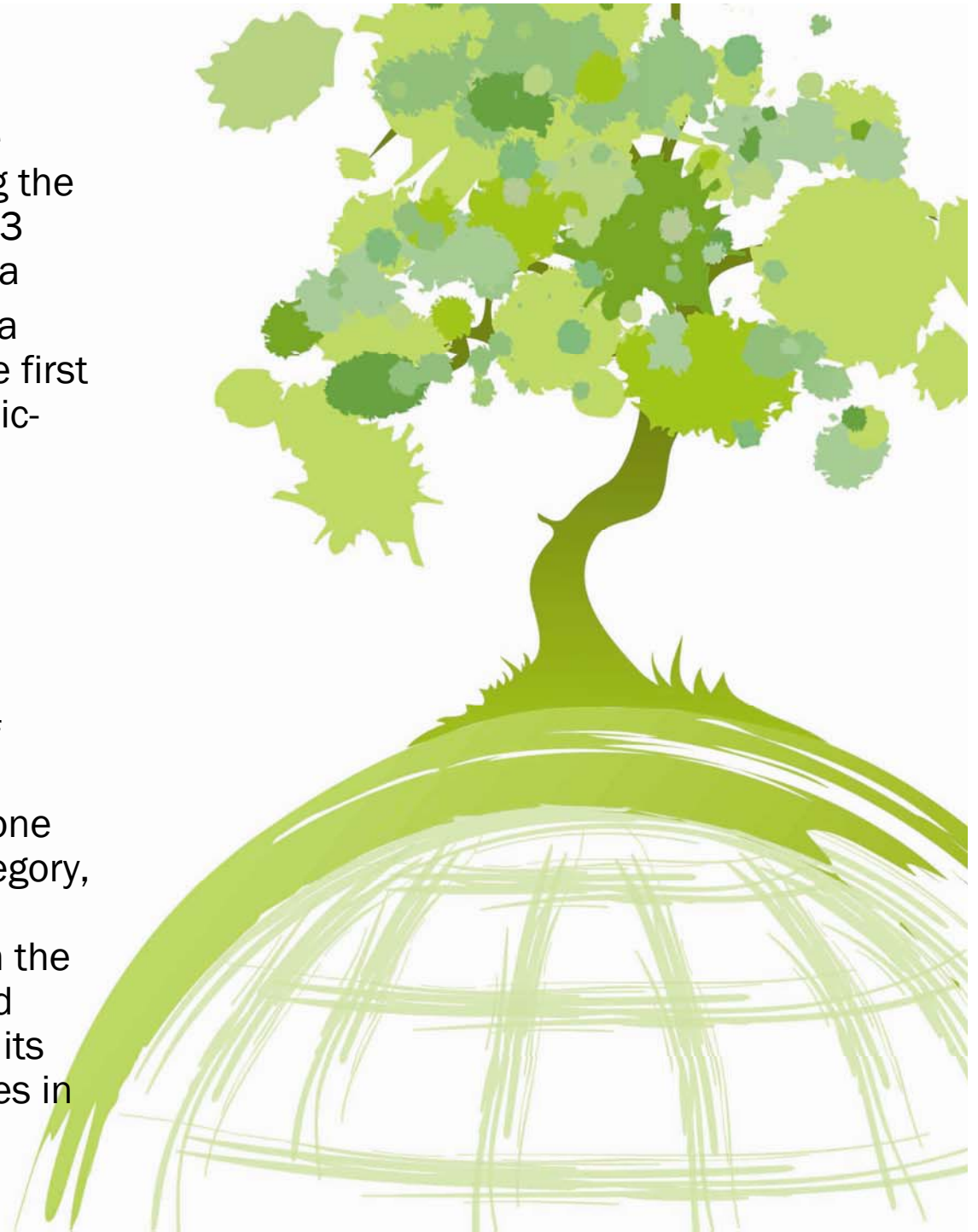
Green Buildings...

- In April 2007, Commercial A office properties, the Bank of Montreal Building, FCC Tower/Agriculture Place, and Hill Centre Tower II obtained *Go Green*, currently referred to as BOMA BEST, certification from Building Owners and Managers Association (BOMA)
- In 2009, the Bank of Montreal Building was awarded the inaugural Earth Award sponsored by BOMA, Regina Chapter and SaskEnergy. The award acknowledges that the building achieved the highest BOMA BEST Level 1 certification in the City of Regina



Green Buildings...

- Century Plaza was awarded the 2009 Earth Award for achieving the highest level BOMA BEST Level 3 certification in the City of Regina
- In February 2009, Century Plaza was acknowledged as being the first building managed under a public-private partnership in Saskatchewan to attain LEED® Silver Accreditation from the Canada Green Building Council
- In 2010, Harvard Property Management was awarded the Regina and District Chamber of Commerce Paragon Award for Environmental Excellence. As one of the three finalists in this category, Harvard was nominated for its environmental achievements in the development, management and operation of Century Plaza and its other downtown office properties in Regina.



Green Buildings...

- Hill Centre Tower III, a 20 storey office building, to be located on the corner of 12th Avenue and Hamilton Street, is being constructed to meet all of the requirements necessary to obtain LEED® Silver Certification



Green Web Links...

For everything you need to know about Earth Day...

<http://www.earthday.ca/pub/>

To learn more about how small changes can have a big impact, be sure to visit One Million Acts of Green...

<http://www.onemillionactsofgreen.com/index.aspx>

The following link highlights how the City of Regina is supporting the environment...

<http://www.regina.ca/Page369.aspx>

To learn more about environmental programs such as BOMA BEST or the Canada Green Building Council please visit the following websites...

<http://www.bomabest.com/index.html>

<http://www.cagbc.org/>

